

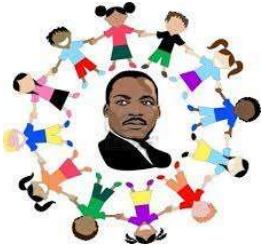
# The Broad Street Family Newsletter

January 2025



## Important Dates:

- 1-No School
- 2-return from Holiday Recess
- 14-PTO Meeting (6:30PM Teacher's Lounge)
- 20-Martin Luther King, Jr. Day -No School



## The Principal's News

Dear Broad Street Families,

Happy New Year! I hope you had a wonderful holiday season filled with joy and connection. As we welcome 2025, I'd like to revisit a cornerstone of our work at Broad Street: the **Growth Mindset**.

### What is a Growth Mindset?

A growth mindset is the belief that abilities and intelligence can develop through effort, effective strategies, and persistence. This perspective helps students embrace challenges, learn from mistakes, and view setbacks as opportunities for growth.

At Broad Street, we aim to instill this mindset in every student, reinforcing that learning is a journey and improvement comes with time and dedication.

### The Power of "Yet"

A simple yet powerful word we emphasize is "yet." For example:

- "I can't solve this math problem." → "I can't solve this math problem, yet."
- "I'm not good at reading." → "I'm not good at reading, yet."

Adding "yet" to these statements fosters hope and resilience, helping students see their potential to grow with effort and practice.

### Supporting Growth Mindset at School and Home

Here's how we encourage a growth mindset at Broad Street:

- **Patience and Perseverance:** Helping students understand that mistakes are valuable learning opportunities.
- **Celebrating Progress:** Focusing on effort and improvement, not just the final result.
- **Encouraging Reflection:** Guiding students to think about what strategies worked and how they can approach challenges differently.

You can support this mindset at home by celebrating your child's efforts, embracing "yet" in conversations, and encouraging them to try new strategies when they face challenges.

### Looking Ahead in 2025

This year, let's work together to help our students develop resilience, confidence, and a lifelong love of learning. With a growth mindset, they can achieve incredible things!

Wishing you and your family a happy and fulfilling 2025.

John Forrest

Principal

forrestj@nashua.edu

**Important Reminders:**

**For Your Child's Safety Please Report your child's absences.**

Please call (603) 966-1880 on our phone line from 3:30 PM to 7:30AM, there is a voicemail option if you call before/after hours. If your child is going to be absent, please give us a call. If we do not hear from you, you will receive a call from us and Blackboard Connect, an automated messaging system. This system calls your home phone so it's very important to call your child in or check your home messages. Remember this is for your child's safety.

**Planet Aid Bin-**

Broad Street is home to the Yellow Planet Aid Bin for clothing and shoe donations. The bin is located on the left side of the school as you face the main entrance. Your donations benefit the students and special programs at Broad Street. For more information about Planet Aid, please visit their website:

<https://www.planetaid.org/>

**Afterschool procedures – Written notes**

If your child will be deviating from their normal after school procedure, please send a note to the teacher that morning. We appreciate a written note rather than a phone call to ensure that we are keeping your child safe by following your family plans. Thank you!

## **The Nurse's News**

**Flu season has arrived, and there are some things we all can do to protect our-selves and our families.**

**Vaccinate-** everyone 6 mos of age and older should get vaccinated against the flu. Flu vaccine is now available. Call your doctor's office to schedule your appointment.

**Stop germs-** Wash your hands frequently with soap and water or alcohol based hand sanitizer if soap and water are not available. Cover your nose and mouth when you cough and sneeze and throw tissues in the trash. **If your child is ill, PLEASE KEEP THEM HOME until they are fever free for 24 hours without medication.**

**Know the Flu symptoms-** Fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may also experience vomiting and diarrhea and it is possible to have respiratory symptoms without a fever. Call your doctor with any questions especially if symptoms worsen.

**Health requirements for Kindergarten Registration SY 2025-2026**

1. An updated copy of immunizations (required for registration)
2. A physical examination dated on or after 9/1/24 or proof of a doctor's appointment to have a physical examination.

As always, please feel free to call or email me with any questions or concerns at:

[johnsonl@nashua.edu](mailto:johnsonl@nashua.edu)

**Laureen Johnson, RN**

**(603) 966-1885**



## **PTO News**

*Happy New Year Bulldogs!*

We hope you all enjoyed your holidays and are ready to take on a new year of adventures and thrills! With the new year comes more special events brought to you by your PTO. There are more dine out nights to attend, a few more family nights, staff appreciation opportunities, and of course monthly PTO meetings. Conversations have begun in planning our next large fundraising purchase for the school to support our students' learning. Want to know more about it and share your thoughts and ideas? Join us on Tuesday, January 14<sup>th</sup> at 6:30PM in the staff lounge.

Enjoy the start of your New Year!  
Broad Street PTO

